

THRIVE

SUPPORT & ADVOCACY



 Summer Edition | July - September 2026



A MESSAGE FROM SEAN ROSE

President & CEO



What a year it has been at Thrive.

As I reflect on the past year, I am filled with gratitude and pride for what we have accomplished together. Every day, our staff, families, volunteers, and community partners help create opportunities for individuals with intellectual and developmental disabilities to live fuller, more connected, and more independent lives.

Over the past year, we have strengthened our commitment to quality, invested in our workforce, expanded family support services, addressed food insecurity, and continued to create meaningful opportunities for community engagement, recreation, employment, and personal growth. These efforts have helped Thrive continue to grow as a trusted resource throughout Worcester County and the MetroWest/Middlesex West region.

We have also been honored to receive recognition for our innovation, partnerships, and commitment to excellence. While those accomplishments are meaningful, our greatest success will always be measured by the lives we impact and the communities we help build. Looking ahead, we are excited to launch CBDS Without Walls, expand wellness initiatives, explore new opportunities for independence and community living, and continue finding new ways to support individuals and families.

Thank you for believing in our mission and for being part of the Thrive community. Together, we are creating a future where every person has the opportunity not only to participate, but to truly thrive.

Sean M. Rose, M.Ed.



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100 Grove Street, Suite 104

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IMPORTANT

Important Social & Recreation Program Update

Beginning July 1, 2026, the cost for all Social & Recreation activities and transportation services will increase to \$ 20 per event. This includes transportation to and from Social & Recreation activities as well as attendance at Club Thrive. We remain committed to providing meaningful, engaging, and inclusive opportunities for the individuals we support, and we appreciate your continued participation.

Now Welcoming New Participants to TAAC & TASC

Thrive Adult Afternoon Community (TAAC) and Thrive After-School Community (TASC) will be welcoming new participants and launching a refreshed program schedule.

Our focus is on creating meaningful opportunities for individuals to build friendships, explore their interests, engage in their communities, and enjoy enriching experiences in a welcoming environment.

We look forward to growing our Thrive community and sharing all that TAAC and TASC have to offer.

For more information, please email:
gmwangi@icanthrive.org

AGE GUIDELINES



Activities are generally offered for individuals ages 18+. However, eligibility may be determined on an individual basis.

JOIN / UPDATE YOUR INFO FOR OUR MAILING LIST

Please click the QR code below to join or update your information for our mailing list.



Come visit Flourish @ Thrive, our very own food pantry



**Monday & Thursday
5:00 PM - 7:00 PM**

**Saturday
10:00 AM - 1:00 PM**

HOLIDAY SPOTLIGHT

July 4th

★★ **HAPPY** ★★
Independence
★★ **DAY** ★★

September 7th



Clubs & Groups

TAAC 18+

Day(s): Monday - Friday

Dates: 7/1/2026 - 9/30/2026

Time(s): M W F - 12:00 PM - 5:00 PM

Tue & Thu - 10:00 AM - 5:00 PM

Location: Marlborough, Suite 215

Fee: \$60, Free with DDS Approval

Description: Come be part of the fun! Enjoy exciting activities like music & dance, game days, fitness & wellness, and themed social events. It's the perfect way to make new friends and learn valuable life skills in a friendly, welcoming space. Don't miss out. Register today and start your next adventure!

If interested, email
fsactivities@icanthrive.org

TASC 18+

Day(s): Monday - Friday

Time(s): 2:30 PM - 5:00 PM

Dates: 7/1/2026 - 9/30/2026

Location: Marlborough, Suite 215

Fee: \$60, Free for DDS Approval

Description: Join us after school for fun, friends, and creativity! Whether you're tackling homework, making new friends, or expressing yourself through awesome arts & crafts, there's something for everyone! Come hang out in a friendly and welcoming space. We can't wait to see you!

If interested, email
fsactivities@icanthrive.org

LADIES GROUP 18+

Day(s): Tuesdays

Time(s): 5:00 PM - 7:00 PM

Dates: 7/7,

7/21,7/28,8/4,8/11,8/18,8/25,9/1,9/15,9/22,
9/29

Location: Marlborough, Suite 215

Fee: \$15, Free for DDS Approval

Description: Ladies, it's time to connect, uplift, and inspire at our Ladies group! Join us for a fun and meaningful time filled with laughter, support, and empowering conversations. Let's celebrate strength, friendship, and growth together! We can't wait to see you there!

If interested, email
fsactivities@icanthrive.org

Thrive Family Forever 18+

Day(s): Tuesday

Time(s): 5:00 PM - 7:00 PM

Dates: 7/7,8/4,9/1

Location: Virtual

Fee: None

Description: Thrive Family Forever, a group dedicated to community service and making a difference! We come together each month to share ideas, plan impactful projects, and take action to help others. Be part of something meaningful. Connect, serve, and inspire!

If interested, email
ngoldstein@icanthrive.org

Thrive Advocacy Group 18+

Day(s): 4th Wednesday of the Month

Dates: 7/22,8/26,9/23

Time(s): 4:30 PM - 6:00 PM

Location: Marlborough, Suite 220

Fee: None

Description: Thrive advocates participate in monthly meetings and activities intended to learn about, promote and actively engage in self, individual, and systems advocacy

If interested, email
gkent@icanthrive.org

Social Night 22+

Day(s): Thursdays

Time(s): 6:00 PM - 8:00 PM

Location: Various locations in the Marlborough Area. Participants will meet the last Thursday of the month for dinner and conversation to discuss the next 3 destinations for the following month.

Fee: \$20 for Transportation

Description: Social Nights are designed to bring people together to build meaningful friendships while exploring and enjoying a variety of fun, welcoming places throughout the Marlborough community. Each outing offers a relaxed, inclusive opportunity to connect, socialize, and create lasting memories in new and familiar settings alike. In the summer months they often go to Marlborough Summer Concert Series after grabbing a bite to eat.

If interested, email
jjoyce@icanthrive.org

CLUB THRIVE 21+

Day(s): Wednesdays

Time(s): 6:30 PM - 8:30 PM

Dates: 7/8,7/22,8/5,8/19,9/2,9/16,9/30

Location: AmVets Post 1980

17 Fitchburg Street, Marlborough, MA

Attendance: \$20

Transportation: \$20

Description: Come join us for an evening of socializing with friends and dancing. Please note food and drinks will be served for a fee. If transportation is needed within our radius, you must inquire 48 hours in advance.

We're excited to welcome our new DJ, who will keep the music pumping and the dance floor energized all evening, along with karaoke that will give everyone a chance to grab the mic and have fun!

If interested, email
jjoyce@icanthrive.org





SPORTS EVENTS



SOMA SOFTBALL PRACTICE

Day(s): Tuesday

Date(s): 6/16, 6/23, 6/30, 7/7, 7/14,
7/21, 7/28, 8/4, 8/11

Time(s): 6:00 PM - 8:00 PM

Location: Assabet High School Softball Field

Transportation: If available in your area \$20

Description: Our SOMA Softball Team will be stepping up to the plate again this June! Athletes will practice throughout the summer to prepare for a season-ending tournament. If you are interested in joining the team or learning more about practices, please reach out to Coach Pam.

If interested, email
plmcnair12@gmail.com

SOMA SOFTBALL TOURNAMENT

Day(s): TBD

Date(s): TBD

Time(s): 5:00 PM - 6:00 PM

Location: Bellingham/Danvers

Transportation: If available in your area -
\$20

Description:

The Bellingham and Danvers Tournaments.

If interested, email
durkinjr@aol.com

SOMA STATE TOURNAMENT

Day(s): TBD

Date(s): 8/15/2026

Time(s): TBD

Location: Bellingham/Danvers

Transportation: If available in your area -
\$20

Description:

State Tournaments.

If interested, email
plmcnair12@gmail.com



SOMA SOCCER

Day(s): Tuesdays

Date(s):

Time(s): 6:00 PM - dusk

Location: Assabet High School Softball
Field

Description: SOMA Soccer kicks off this September! If you're interested in joining the team, please email your name and phone number so we can contact you.

If interested, email
dfmacsemail@gmail.com



FAMILY SUPPORT



BACK TO SCHOOL KICKOFF

Friday

4:00 PM - 6:00 PM

Date: 8/14/2026

Location: 100 Grove St
Worcester, MA 01605

Fee: Free

Description: Join us for an afternoon filled with fun, connection, and celebration as we kick off the new school year together.

If interested, email
fsactivities@icanthrive.org



TOUR OF THE CITY HALL

18+

Wednesday

10:00 AM - 12:00 PM

Date: 9/8/2026

Location: 100 Grove St
Worcester, MA 01605

Fee: Free

Description: Thrive and the City of Worcester are hosting a City Hall Tour for people with disabilities to learn about local government, explore City Hall, and discover ways to get involved.

If interested, email
fsactivities@icanthrive.org

PROGRAM SPOTLIGHT

THRIVE ADULT AFTERNOON COMMUNITY (TAAC)

&

THRIVE AFTER-SCHOOL COMMUNITY (TASC)

Learn. Create. Explore. Belong.



MONDAY

CREATIVE STUDIO

- Painting
- DIY Crafts
- Jewelry Making
- Music
- Photography
- Creative Expression



TUESDAY

LIFE SKILLS & DIY

- Cooking
- Budgeting
- Simple Building Projects
- Organization Skills
- Hands-on Learning



WEDNESDAY

WELLNESS & FRIENDSHIP

- Group Games
- Social Activities
- Community Walks
- Team Building



THURSDAY

COMMUNITY ADVENTURES

- Local Trips
- Seasonal Events
- Parks
- Museums
- Shopping



FRIDAY

FUN FRIDAY

- Karaoke
- Games
- Dance Parties
- Talent Showcase
- Celebrations

INTERESTED IN JOINING TAAC/TASC

SCAN HERE TO LEARN MORE!



Scan the QR code
to complete our
interest form



PROGRAM HOURS MONDAY, WEDNESDAY, FRIDAY

12:00 PM - 5:00 PM
TUESDAY & THURSDAY
10:00 AM - 5:00 PM



CONTACT US

gmwangi@icanthrive.org
508-485-4227
Ext: 1000



CELEBRATING OUR COACHES



Mager Walker

Taylor Campobasso

Kevin Lutz

Dan McCarthy

John Joyce

Coach Mager Walker

For more than 30 years, Coach Mager has been the heart of Thrive basketball, inspiring Red Hawks athletes through his dedication, leadership, and unwavering commitment to the team.

Coach Dan McCarthy

For nearly three decades, Coach Dan has helped athletes grow in skill and confidence, leading the Skyhawks with patience, dedication, and a genuine passion for their success.

Coach Taylor Campobasso

With over 20 years of involvement at Thrive and 15 years of coaching experience, Coach Taylor continues to make a lasting impact through her leadership, dedication, and commitment to athletes across multiple sports.

Coach Kevin Lutz

A former Special Olympics athlete and longtime coach, Kevin brings enthusiasm, experience, and team spirit to every program, inspiring athletes both on and off the court.

Coach John Joyce

Whether coaching, organizing community events, or supporting athletes year-round, John's energy, encouragement, and commitment help create meaningful opportunities for connection and success throughout Thrive.