

Get Involved with Thrive Support & Advocacy



DSP Spotlight

Thrive would like to personally thank Governor Maura Healey, who recently proclaimed September 10th-17th as Direct Support Professional (DSP) Recognition Week so that members of the public can take a moment to appreciate and salute those supporting people with disabilities.

Our staff is hardworking, innovative, compassionate, and incredibly caring. For 50 years, they have been the heart and soul of supportive services for our Thrivers. Thrive is so grateful for the work of our staff. We deeply value the care for our residents, participants, and families, the organization's foundation.

From myself, the Board of Directors, the other Thrive staff, the residents, participants, and their families, thank you for leading by example and exemplifying the organization's mission. This week and every week, we celebrate you and thank you for your dedication and commitment. Please join us in saluting Thrive staff and all those working in support of individuals with disabilities.

Sean Rose
President and CEO

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IMPORTANT

Regarding Worcester Adult Experiences: Pre-registration is required and a Zoom link will be sent prior to each meeting for virtual activities. Unless otherwise indicated, register for all experiences and workshops by emailing fsactivities@icanthrive.org

In addition: Though these are labeled as 18+ Adult Experiences, the **age range for activities is a flexible** guideline, and those outside the range are considered on an individual basis.

Cancellations: Please check the email address you registered with for cancellation status. If the local school system is closed due to inclement weather, our programs will also be closed. Cancellations may occur on short notice and will also be communicated on our social media platforms.

Holidays: 10/9, 11/10, 11/23, and 12/25.
No programs, events or outings will be held on these days.

The Thrive **Woo Pass** is funded by the Worcester Area DDS office. Limited funding is currently available for DDS Worcester clients.

Contact Us:

Marlborough: 508-485-4227

Worcester: 774-703-3033



Use this QR code to visit our website or go to icanthrive.org

Come visit Flourish @ Thrive, our very own food pantry:

Monday: 1:00 - 4:00pm

Thursday: 10:00 - 1:00pm

Saturday: 10:00 - 1:00pm

Marlborough Office: 65 Boston Post Rd W Suite 220, Marlborough, MA 01752

Worcester Office: 100 Grove St Suite 108, Worcester, MA 01605

ANNOUNCEMENT

Opening of New CBDS Worcester Program in October:

Days: Monday-Friday 9:30am-3:30pm

Thrive Support & Advocacy is proud to bring to the Worcester Community our newest Community-Based Day Supports Program. A program funded through the Department of Developmental Services (DDS). CBDS is a day program that provides individuals with skills needed to develop, increase, and maintain their competence and confidence in work, personal and social settings. Participants will work on strengthening their abilities through training and community-based activities and developing independent living and interpersonal skills. This program is all about building confidence and meeting the personal goals of participants through positive community experiences and the development of new relationships. The program promotes full integration and inclusion of individuals with disabilities in the community, with a focus on access and independence, many participants will develop pathways to stable employment.

To learn more about CBDS, please contact Merari Alvarado at malvarado@icanthrive.org

Thanksgiving Basket Donation:

Thrive is organizing and collecting non-perishable food and frozen turkeys to put together Thanksgiving baskets. Each basket will be donated to a family in need throughout our Thrive Family. We are calling on your generosity to join us. Your donation can be delivered to the Marlborough or Worcester Office before November 15th.

To learn more, please contact socialandrec@icanthrive.org

Thrive Experiences

Any activity that does not have a specified age is 18+, however age restrictions are flexible, please read page 2

Clubs and Groups

ART MONDAYS

Day(s): Mondays
Time(s): 10:00 - 4:00PM

Dates: 10/2 - 12/18

Location: Marlborough & Worcester

Fee: \$50 (free if you have Woo/Boro Pass)

Description: Have some fun doing arts and crafts, painting, and being creative with your friends. Every week will vary in activity. Please make sure you bring your lunch with you.

If interested, email
fsactivities@icanthrive.org



BOWLING - ALL AGES

Day(s): Friday
Time(s): 12:00 - 5:00 PM

Dates: 10/6 - 12/29 (closed 11/24)

Pick-up/ drop-off:
Worcester/Marlborough office

Fee: \$50 (free if you have Woo/Boro Pass)

Description: We welcome participants of all ages to join us for some fun bowling days. Shoe rental is included with 2 games.

If interested, email
fsactivities@icanthrive.org



CLUB THRIVE HOLIDAY PARTY

Date: Wednesday, December 20th

Time: 7:00 - 9:00 PM

Location: Amvets Post 1980-
17 Fitchburg Street, Marlborough

Fee: \$20 (additional \$15 for transportation)

Description: Come join us for an evening of socializing with friends, dancing and to celebrate the Holiday Season. Please note food and drinks will be served for a fee. *If transportation is needed, you MUST sign up 48 hours in advance.*

If interested, email
fsactivities@icanthrive.org



TAAC

Day(s): Tuesdays
Time(s): 10:00 - 4:00PM

Dates: 10/3 - 12/26

Location: Marlborough & Worcester

Fee: FREE

Description: Thrive Adult Afternoon Community includes cooking, crafts, community trips, social skills and more. Tuesdays will be a chance for participants to come to TAAC for FREE and enjoy activities together. Spots will be limited. Please make sure you bring your lunch with you. Please make sure you register 48 hours in advance.

If interested, email
fsactivities@icanthrive.org

CLUB THRIVE

Day(s): Wednesday
Time(s): 7:00 - 9:00PM

Dates: 10/11, 11/8, 11/22, 12/6,

Location: Amvets Post 1980-
17 Fitchburg Street, Marlborough

Fee: \$15 (additional \$15 for transportation)

Description: Come join us for an evening of socializing with friends and dancing. Please note food & drink will be served at a subsidized rate. *If transportation is needed, you MUST sign up 48 hours in advance.*

If interested, email
socialandrec@icanthrive.org



SOCIAL NIGHT

Day(s): Thursdays
Time(s): 6:00 - 8:00 PM

Dates: 10/5, 10/12, 10/19, 10/26, 11/2, 11/9, 11/16, 11/30, 12/7, 12/21, 12/28
No Social Night on 11/23 or 12/14

Location: Various locations in the Marlborough Area.

Fee: \$15 for transportation

Description: These outings are a way to share experiences at different locations in a community atmosphere. Please be sure to bring money for goods and activities. Costs can range up to \$20-\$25. *If transportation is needed, you MUST sign up 48 hours in advance.*

If interested, email
socialandrec@icanthrive.org



THRIVE AT THE YMCA

Day: Wednesday
Time: 12:00 - 5:00 PM

Dates: 10/4 - 12/27

Pick-up/ drop-off:
Worcester/Marlborough office

Fee: \$50 (free if you have Woo/Boro Pass)

Description: Bring a lunch and a mask, transportation is provided.

If interested, email
fsactivities@icanthrive.org

CLUB THRIVE HALLOWEEN PARTY

Date: Wednesday, October 25
Time: 7:00 - 9:00 PM

Location: Amvets Post 1980-
17 Fitchburg Street, Marlborough

Fee: \$20 (additional \$15 for transportation)

Description: Come in Costume and join us for an evening of socializing with friends, dancing and prizes. Please note food and drinks will be served for a fee. *If transportation is needed, you MUST sign up 48 hours in advance.*

If interested, email
fsactivities@icanthrive.org



THRIVE ADVOCACY GROUP

Day(s): Monthly- Wednesday
Time(s): 4:30 - 5:30PM

Dates: 10/18, 11/15, 12/13

Location: Marlborough office

Fee: none

Description: Thrive advocates participate in monthly meetings and activities intended to learn about, promote and actively engage in self, individual, and systems advocacy.

If interested, email
gkent@icanthrive.org



Thrive Experiences

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Clubs and Groups

FALL SOMA SOCCER 22+



Day: Tuesdays
Time: 5:45-7:00 PM

Dates: 10/3, 10/10, 10/17, 10/24, 10/31

Location: Whitcomb Middle School, Marlborough MA

Fee: none

Description: Soccer Practice will be held each Tuesday, and games are scheduled on 09/30 and 10/21- *No Transportation is available for these events.*

If interested, email
socialandrec@icanthrive.org

FALL SOMA TOURNAMENT 22+

Day: Sunday, November 5th
Time: 7:30 AM -2:30 PM

Location: Governors Academy
1 Elm Street, Byfield MA

Fee: none

Description: All Thrive Blue Thunder athletes can play as long as they have participated in every practice/game. Box lunch will be provided and the Whoopie Wagon and Fat Belly's BBQ food trucks will also be there.
No transportation will be provided for this event.

If interested, email
socialandrec@icanthrive.org

MYSTIC AQUARIUM 22+

Date: Saturday, November 11th
Time(s): 11:00 - 2:00 PM

Location: 55 Coogan Blvd, Mystic CT 06355

Fee: \$55.00 (includes transportation)

Description: Experience immersive, interactive activities for all ages, including animatronic dinosaurs, a multi-level playscape, live animals, and two 4D Theaters. Animals include Beluga Whales, African Penguins, Sea Lions, Fur Seals, and Sharks. Bring money for lunch and gift shop. Pre-registration by November 1st is required.

If interested, email
socialandrec@icanthrive.org

FOXWOODS RESORT CASINO 22+



Date: Saturday, December 2nd
Time(s): 12:00 - 4:00 PM

Location: 350 Trolley Line Blvd, Ledyard, CT

Fee: \$35.00 (includes transportation)

Description: Enjoy everything Foxwoods has to offer including gaming, a walk through the Pequot Museum to learn about the Mashantucket Pequot Tribal Nation, and wonderful stores for dining and shopping. Bring extra money for lunch, gaming, and shopping. Pre-registration by November 20th is required.

If interested, email
socialandrec@icanthrive.org



Thrive Experiences

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Thursday Outings

registration closes 24 hours before the event

PATRIOT PLACE

Date: Thursday, October 5th
Time(s): 10:00 - 5:00 PM

Pick-up/ Drop-off: Worcester and Marlborough offices

Fee: \$50 (free if you have Woo/Boro Pass)

Description: Let's learn about Football and its history at the Patriots Hall of Fame. Please bring lunch with you.

If interested, email
fsactivities@icanthrive.org



PUMPKIN DECORATING

Date: Thursday, October 12th
Time(s): 10:00 - 5:00 PM

Pick-up/ Drop-off: Worcester and Marlborough office

Fee: \$50 (free if you have Woo/Boro Pass)

Description: Let's have some fun together and do some Fall activities. Come paint some pumpkins and have a fun contest. Enjoy some fall treats like hot chocolate.

If interested, email
fsactivities@icanthrive.org



SALEM, MA

Date: Thursday, October 19th
Time(s): 10:00 - 5:00 PM

Pick-up/ Drop-off: Worcester and Marlborough office

Fee: \$50 (free if you have Woo/Boro Pass)

Description: We will explore spooky Salem during Halloween. Have some fun walking around learning the history of Salem. Bring money for shopping and lunch, or bring lunch with you. Make sure you dress weather appropriate.

If interested, email
fsactivities@icanthrive.org



HALLOWEEN PARTY

Date: Thursday, October 26th
Time(s): 10:00 - 5:00 PM

Pick-up/ Drop-off: Worcester and Marlborough offices

Fee: \$50 (free if you have Woo/Boro Pass)

Description: Come and enjoy having a Halloween Party with all your friends. Costumes are welcome; they need to be appropriate. We will be playing games, telling spooky stories, and maybe watching a scary movie.

If interested, email
fsactivities@icanthrive.org



REVOLUTIONARY SPACES TOUR

Date: Thursday, November 2nd
Time(s): 10:00 - 5:00 PM

Pick-up/ Drop-off: Worcester and Marlborough offices

Fee: \$50 (free if you have Woo/Boro Pass)

Description: Let's embark on an immersive journey through America's beginning. Let's tour the Old State House and the Old South Meeting House. Please make sure you bring your lunch with you.

If interested, email
fsactivities@icanthrive.org

WORCESTER PUBLIC MARKET

Date: Thursday, November 9th
Time(s): 10:00 - 5:00 PM

Pick-up/ Drop-off: Worcester and Marlborough offices

Fee: \$50 (free if you have Woo/Boro Pass)

Description: Let's explore the Worcester Public Market together. There are many different types of little cafés, stores and restaurants. Make sure you bring money if you would like to buy anything to eat or to shop. We will be getting everyone one special treat when we are there. If you don't want to buy lunch please bring lunch with you.

If interested, email
fsactivities@icanthrive.org



THANKSGIVING CELEBRATION

Date: Thursday, November 16th
Time(s): 10:00 - 5:00 PM

Pick-up/ Drop-off: Worcester and Marlborough offices

Fee: \$50 (free if you have Woo/Boro Pass)

Description: Enjoy a Thanksgiving celebration with everyone. We will be touring Table Talk Pie before we enjoy our Thanksgiving feast. Some food and treats will be provided.

If interested, email
fsactivities@icanthrive.org



BOSTON TD GARDEN

Date: Thursday, November 30th
Time(s): 10:00 - 5:00 PM

Pick-up/ Drop-off: Worcester and Marlborough offices

Fee: \$50 (free if you have Woo/Boro Pass)

Description: We will be going on a tour of the TD Arena in Boston; seeing the production of how things work and what it's like to be there for an event. Please make sure you bring your lunch.

If interested, email
fsactivities@icanthrive.org

SPRINGFIELD MUSEUM

Date: Thursday, December 7th
Time(s): 10:00 - 5:00 PM

Pick-up/ Drop-off: Worcester and Marlborough offices

Fee: \$50 (free if you have Woo/Boro Pass)

Description: This is the time to be in the Christmas spirit. Let's all have some fun at the Springfield Museum. Step into the Grinch's Grotto to meet the Grinchiest of Grinch beings, the Grinch himself.

If interested, email
fsactivities@icanthrive.org



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Thursday Outings

registration closes 24 hours before the event

YANKEE CANDLE VILLAGE

Date: Thursday, December 14th

Time(s): 10:00 - 5:00 PM

Pick-up/ Drop-off: Worcester and Marlborough offices

Fee: \$50 (free if you have Woo/Boro Pass)

Description: What a great time to go explore the Yankee Candle Village. Let's make some candles and take a look at Santa's shop. Please make sure you bring your lunch.

If interested, email
fsactivities@icanthrive.org

CHRISTMAS PARTY

Date: Thursday, December 21st

Time(s): 10:00 - 5:00 PM

Pick-up/ Drop-off: Worcester/ Marlborough offices

Fee: \$50 (free if you have Woo/Boro Pass)

Description: Enjoy some holiday spirit at a Christmas Party for everyone. Come play games, listen to Christmas music, and participate in a Yankee swap. Lunch and treats will be provided.

If interested, email
fsactivities@icanthrive.org



PAJAMA PARTY

Date: Thursday, December 28th

Time(s): 10:00 - 5:00 PM

Pick-up/ Drop-off: Worcester/ Marlborough offices

Fee: \$50 (free if you have Woo/Boro Pass)

Description: What better time to have a Pajama Party? Come in your PJ's and have some hot chocolate. Let's watch a movie together in our own little theatre. Treats will be provided. Please bring your lunch. Pajamas need to be appropriate.

If interested, email
fsactivities@icanthrive.org

