



## Social and Recreation Newsletter

### OUR GOAL

Thrive empowers individuals to focus on ability and find opportunities to shine.

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### FOLLOW US ON



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### *Jim Karami, Director of Transportation, Social & Recreation*

Hello Thrivers, Families, and Friends,

Happy spring everyone! It's now time to think about the great outdoors. Concerts, ball games, and of course Special Olympics Summer Games and the August Tournament. Please note that due to the observance of the Fourth of July holiday, the Concert on the Common will be moved to Wednesday, July 3rd.

Coming up first, June 7-9 Thrive athletes will be heading to the 2019 Special Olympics Summer Games at Boston & Harvard Universities. With approximately 60+ athletes, unified partners, coaches and chaperones there will be a heavy Thrive presence at the event. If you are interested in cheering on our athletes let us know and we can add you to our event contact list.

NEW THIS SUMMER Thrive has partnered with Bike to the Beach New England to assemble a cycling team for the event and we're looking for riders! You can pedal 25, 60 or 100 miles to raise money for Thrive. The ride is Saturday August 31 and ends with a giant party at the Newport Yacht Club. Proceeds raised will go directly to Thrive's experiences and programs. If you are interested in riding, donating, or want to learn more email [biketothesea@icanthrive.org](mailto:biketothesea@icanthrive.org).

MARK YOUR CALENDARS for the 35th Annual Jim Forrest Memorial Road Race, Sunday September 22, 2019 at Wayside Athletic Club in Marlborough. Registration is now open at [racesonline.com/events/forrestmemorialroadrace](http://racesonline.com/events/forrestmemorialroadrace). Make sure you register early so you get one of our amazing tee-shirts!

Last but not least we always want to take a moment to thank Thrive's staff and volunteers for their continued support.

Happy summer to all!



*Thrive LEADers were recently honored at the 2019 Legislative Breakfast at Framingham State University.*

# Social and Recreational Activities

## Special Events



### Southwick Zoo

Day: Saturday, June 29

Time: 11:00 AM

Location: Mendon, MA

Pickup begins: 9:00 AM

Program fee: \$15.00

Transportation: \*See below.



### Indian Ranch Concert

Bruce in the USA

Day: Saturday, July 13

Time: 12 PM

Location: Indian Ranch

Pickup Begins: 10:00 AM

Program fee: \$5.00



### PawSox Baseball

Day: July 21 and Aug 18

Time: 1:05 PM

Location: McCoy Stadium

Pickup begins: 10:30 AM

Program fee: \$15.00

Transportation: \*See below.

## Weekly Events



### Thrive Advocacy Group

Day: Mondays Dates TBD

Time: 4:30 to 5:30 PM

Location: Thrive Headquarters

Transportation: N/A



### Thrive Live Studio

Day: Mondays, 6/10, 6/24

Time: 4:30 to 5:30 PM

Location: Thrive Headquarters

Program fee: \$10.00

Transportation: N/A

## Weekly Ongoing Events (cont.)



### Thrive Cycling

Day: Mondays, Start June 3

Time: 6:30 to 7:30 PM

Location: Cushing Mem Prk Fram.

Program Fee: N/A

Transportation: N/A



### Framingham Social Group

Day: Tuesdays

Time: 7:00 to 9:00 PM

Location: Activity varies weekly

Pickup begins: 5:00 PM

Transportation: \*See below.



### Thrive Softball

Day: Tuesdays

Time: 6:00 to 8:00 PM

Location: Assabet Valley Reg. HS

Pickup begins: 4:30 PM

Transportation: \*See below.



### Club Thrive

Day: Wednesdays

Time: 7:00 to 9:00 PM

Location: Marlboro Fish & Game

Program fee: \$8.00

Pickup begins: 5:00 PM

Transportation: \*See below



### Thrive Ladies Group

Day: Thurs 6/27, 7/11, 7/18,

7/25, 8/1, 8/8, 8/15

Time: 3:00 to 4:30 PM

Location: Thrive Headquarters

Program fee: \$15 per meeting

Transportation: N/A



### Social Nights

Day: Thursdays, 6/6 & 6/13

Time: 6:30 to 8:30 PM

Location: Activities vary weekly

Pickup begins: 5:00 PM

Program fee: \$5.00

Transportation: \*See below.



### Marlboro Summer Concerts

Day: Thursdays beginning

June 20, 2019

Time: 7:00 to 9:00 PM

Location: Marlboro Common

Program fee: Free

Pickup begins: 5:00 PM

Transportation: \*See below.



### Thrive Track and Field

Day: Fridays

Time: 6:15 to 7:30 PM

Location: Hudson High School

Program fee: N/A

Transportation: \*See below.



### Bowling

Day: Sat. (Check calendar)

Time: 4:30 to 6:00 PM

Location: Sawyer's Bowladrome

Pickup begins: 2:30 PM

Program fee: \$7.00

Transportation: \*See below.



### Movies

Day: Sunday 6/2, 7/14, 8/4

Time: 1:00 PM

Location: W. Boylston Cinema

Pickup begins: 10:30 AM

Program fee: Pay at door

Transportation: \*See below.

\* Transportation costs \$15 per event. We service the following towns Marlboro, Hudson, Southboro, Northboro, Westboro.

# June 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 
2 	3 	4 	5 	6 	7 	8 
9 	10 	11  	12 	13 	14	15 
16	17  	18  	19 	20 	21	22 
23  30	24 	25  	26 	27 	28	29 

# July 2019

	1 	2  	3 	4 	5	6
7	8 	9  	10 	11 	12	13 
14 	15  	16  	17 	18 	19	20 
21 	22 	23  	24 	25 	26	27 
28	29 	30  	31 			

# August 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 	2	3 
4 	5 	6  	7 	8 	9	10 
11	12 	13  	14 	15 	16	17 
18 	19  	20  	21 	22 	23	24 
25 	26 	27 	28 	29 	30	31

## Social and Recreation Cancellation

### Weather Cancellation

The Social and Recreation Director makes final decisions in canceling events due to inclement weather. The director will call or email you if the activity is canceled. The driver's input weighs heavily.

### Participant Cancellation

Any participant who has registered for a Thrive Social and Recreation event must cancel 48 hours in advance of the event without penalty.

*Please Note – If monies are expended to secure a ticket/seat/admission etc. to an event, the client is responsible for the cost of their ticket/seat/admission etc. Every effort will be made to secure the participant a refund, but a refund cannot be guaranteed.*

### Transportation Cancellation

Any participant who has registered for Thrive Transportation may cancel transportation 48 hours in advance of the event without penalty.

Transportation for an event that happens weekly such as bowling may be cancelled 24 hours in advance of these events without penalty.

## Social and Recreation

### All participants are expected to adhere to the following:

- Respect each other
- Respect the driver, staff and community members
- Appropriate behavior is expected at all times
- No eating or drinking while riding in Thrive vehicles
- Seatbelts are to be worn at all times in vehicles
- Treat others how you would want to be treated

### Failure to adhere to the above, will result in the following:

#### 1st offense

One week suspension from all Thrive activities

#### 2nd offense

Two week suspension from all Thrive activities

#### 3rd offense

Indefinite suspension from all Thrive activities

### I have read the policy and will adhere to the above expectations:

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Please fill out and return to Jim Karami at Thrive



## Special Olympics Summer Games

Date: June 7–9

Location: Boston University & Harvard

Time: All day

## Special Olympics Cycling Qualifier

Date: TBD

Location: TBD

Time: TBD

## Special Olympics Softball Qualifier

Date: Saturday, July 27, 2019

Time: All day

Location: Bellingham

## Special Olympics Tournament of Champions

Date: August 24–25

Time: All day

Location: Greater Marlborough



**THRIVE**  
SUPPORT & ADVOCACY

## Coffee & Conversation

A monthly opportunity to meet and share  
with other families and caregivers



Who: Families & Caregivers of individuals with intellectual/developmental disabilities

When: Second Wednesday of each month from 9:30 AM - 10:30 AM

Where: Thrive Support & Advocacy  
65 Boston Post Road West Suite 220  
Marlborough, MA 01752

This is a drop-in program to connect parents/caregivers and to encourage sharing resources, ideas, and brainstorming solutions. You may also reserve a seat or contact Burt Jenness for more information.

[bjjenness@icanthrive.org](mailto:bjjenness@icanthrive.org) or call 508-485-4227 ext. 1115

## COMMUNITY WORKSHOP SERIES

**THRIVE**  
SUPPORT & ADVOCACY

## Thriving for Knowledge



A monthly gathering for parents and caregivers to discuss services that may be available to your loved one and your family.

When: 3rd Wednesday each month  
9:30AM - 10:30AM

Where: Thrive Support & Advocacy  
65 Boston Post Road West Suite 220  
Marlborough, MA 01752

To reserve a seat or for more information, please contact Mike Diggins at [mdiggins@icanthrive.org](mailto:mdiggins@icanthrive.org) or call 508-485-4227 Ext 1004

**Together we Thrive!**

### Discussion Topics

- Social Security
- MASS Health
- Housing
- Domestic Benefits
- Transportation
- Medical Coordination
- Educational Coordination
- DDS Applications
- PCA Services
- ABA Resources
- More Workshops to come!



JOIN US FOR

# SUMMER ART THERAPY

with Jane Harrington

AGES 6-12 & 13-18  
GROUPS SPLIT BY AGE

AGE	DATES	LOCATION	COST	REGISTER
6-12	6/27, 7/18	65 Boston Post Rd West, Suite 220 Marlborough	\$20.00 Per class	Cdfortwengler@icanthrive.org or call 508-485-4227 Ext 1009
13-18	7/25, 8/8, 8/15 3:30 - 4:30			

Group Facilitator, Jane Harrington:

Jane holds a BFA degree from Mass College of Art and has taught art classes for 25 years. She uses various mediums such as clay modeling, painting, fabric art and sewing, wearable art, sculpture, graphic art, jewelry, and mosaics, to complete a project.



## Summer 18+ ASD Men's Group Supporting Adults with High-Functioning Autism

- Thrive's Men's Group is a social group for people with high functioning autism and Aspergers. We provide opportunities for people on the high end of the autism spectrum to meet like-minded people in a safe and friendly, supportive environment.
- Thrive provides opportunities for you to build your social networks and allows you to share experiences through common interests.
- Keeping in mind that interests vary, we tailor activities to participants' desires. Activities include (but are not limited to):

- Community outings
- Cooking
- Gaming
- Open-mic/ Theater games / music
- Cards (games / collecting and trading)
- Fitness & health



DATES	LOCATION	COST	REGISTER
Monday afternoons 4:00 PM - 6:00 PM	65 Boston Post Rd West, Suite 220 Marlborough	\$10.00 per group	Cdfortwengler@icanthrive.org or call 508-485-4227 Ext 1009
6/17			
7/16			
8/19			

ICANTHRIVE.ORG

## THE BOUNDLESS EXPERIENCE

### BOUNDLESS ADVENTURES

What: Field Trip & Adventure

When: July 26th & August 23rd  
9:00 AM - 4:00 PM

Ages 16-25

Cost: \$65.00 for the Day

Drop off/pick-up at Thrive  
65 Boston Post Road West  
Suite 220, Marlborough

To Register:

cdfortwengler@icanthrive.org  
508-485-4227 Ext 1009

Thrivors will participate in an exciting day of adventure courses. Led by trained staff, safety is the number 1 priority at Boundless Adventures. The group will partake in the beginner course which is excellent for beginners, kids and people who are not quite confident in their climbing skill yet. At 10 feet elevation, these obstacle courses let you unleash your inner-monkey with low-speed zip line, easier bridges and unique balance beams.

This trip is participation at your own level, each Boundless Adventure staff is trained to work with individuals who have an intellectual or developmental disability and is prepared to work 1:1 with participants to meet their needs.

Space is limited - Register today!



### THRIVE SUPPORT & ADVOCACY

## 16+ LADIES GROUP

The group will meet THREE times a month on Thursday afternoons at Thrive to work on art projects, cooking, and partake in group discussions that are important topics in their lives. Cost is \$15.00 per group.



Thursdays 3:00 PM - 4:30 PM  
6/27, 7/11, 7/18, 7/25, 8/1, 8/8, 8/15

To register contact Caitlin Devaney-Fortwengler at  
cdfortwengler@icanthrive.org or call 508-485-4227 Ext 1009

Thrive Support & Advocacy 65 Boston Post Road West, Suite 220, Marlborough, MA



**Activity Registration Form June, July, August 2019**

*To register: Complete this form and return to: Thrive Support & Advocacy, 65 Boston Post Road West, Suite 220, Marlborough, MA 01752*

**Change my Newsletter Status**

Please send me the email version only    Email Address \_\_\_\_\_

I no longer want to receive the newsletter    Name \_\_\_\_\_

Participant Name \_\_\_\_\_ Phone \_\_\_\_\_

Date \_\_\_\_\_ DOB \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Contact Person \_\_\_\_\_ Relationship \_\_\_\_\_ Email \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Activity	Cost	Attending (circle one)	Transportation (circle one)	Comment
Southwick's Zoo	\$15.00	Yes/No	Yes/No	
Indian Ranch	\$5.00	Yes / No	Yes / No	
Pawtucket Red Sox July	\$15	Yes / No	Yes/No	
Pawtucket Red Sox Aug.	\$15	Yes/No	Yes/No	
Thrive Advocacy Group	Free	Yes / No	Not applicable	
Thrive Live Studio	\$10/class	Yes/No	Not applicable	
Cycling	Free	Yes/No	Not applicable	
Framingham Social Group	Pay at Event	Yes / No	Yes/No	
Softball	Free	Yes/No	Yes/No	
Club Thrive	\$8.00	Yes / No	Yes / No	
Social Night	\$5.00	Yes / No	Yes/No	
Marlboro Summer Concerts	Free	Yes / No	Yes/No	
Thrive Track & Field	Free	Yes/No	Yes/No	
Bowling	\$7/week	Yes/No	Yes/No	
Movies	Pay at event	Yes/No	Yes/No	
<b>AMOUNT TO BE BILLED</b>	<b>\$</b>			

I, \_\_\_\_\_ understand that by signing below, I approve the activities selected by, or for the above participant. I understand that I am financially responsible for all activities / programs selected.

Individual \_\_\_\_\_ Rep Payee \_\_\_\_\_

Pictures may be taken at each Thrive event. I give my consent to Thrive for release of such pictures for use on their website, newsletters or for any advertising.

Signature \_\_\_\_\_ Date \_\_\_\_\_



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*icanthrive.org*

#### Board of Directors

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#### MAIL TO

00 Main Street, Town, MA 00000



&



are excited to announce a partnership for the  
**2019 Bike to the Beach New England**  
**And we are looking for riders.**

This year Thrive will be sponsoring a ride team for Bike to the Beach New England. You can ride 100, 60 or 25 miles. All funds raised will go directly to Thrive Support & Advocacy. To learn more go to [www.biketotheseach.org/new-england](http://www.biketotheseach.org/new-england) and look for team name Thrive Spinners. Whether you want to ride or donate we need you! Or email [biketotheseach@icanthrive.org](mailto:biketotheseach@icanthrive.org).