Hello Thrivers, Families, and Friends,

The holidays are fast approaching, as is the winter season at Thrive. Winter sports are starting soon, and we have some fun indoor activities to check out over the next few months. Check out the calendar inside for more details. Remember, with snowy weather at our doorstep, be sure to check your email if the weather looks questionable and there is an event coming up.

Carrying on with the holiday spirit, Thrive is doing something a little different this year to get into the spirit. We are sponsoring a Holiday Gift Drive for the children of our front-line staff. If you are interested in donating, gift tags are available at the reception desk at our headquarters. If you can’t stop by the office, email pcarlson@icanthrive.org or call Patty Carlson at 508-485-4227 x1000 to receive gift information. The last day for gift drop off is Monday, Dec. 9, 2019.

While on the subject of shopping, if you’re shopping on Amazon this season (or any time during the year), don’t forget to shop through AmazonSmile and choose Thrive Support & Advocacy as your supporting charity. A portion of your purchases will be donated back to Thrive. Go to amazon.smile.com/thrive to get started.

Lastly, with the year coming to an end, we would like to thank our participants, families, volunteers, and staff who go above and beyond every day. 2019 has been a banner year at Thrive with lots of exciting moments. We are looking forward to 2020 and all that lies ahead.

Best,
Jim

Jim Karami, Director of Transportation, Social & Recreation

Check out the newsletter online at www.icanthrive.org/social&rec
Social and Recreational Activities

Special Events

Holiday Party
Day: Thursday, Dec. 12
Time: 7:00–9:30 PM
Location: Holiday Inn, Marlboro
Pickup begins: 5:00 PM
Program fee: $25.00
Transportation: *See below.

Worcester Railers Hockey
Day: Sundays, Dec. 15, Jan. 5, Feb 9
Time: 3:00 PM
Location: DCU Center Worcester
Pickup begins: 12:00 PM
Program fee: $18.00
Transportation: *See below.

2020 Worcester Auto Show
Day: Sat, Jan. 25
Time: 10:00 AM–1:00 PM
Location: DCU Center
Pickup begins: 8:30 AM
Program fee: $12.00
Transportation: *See below.

Social Experiences

Thrive Advocacy Group
Day: Second Tues. each month
Time: 4:30 to 6:00 PM
Location: Thrive Headquarters
Transportation: N/A

Club Thrive
Day: Wednesdays
Time: 6:30 to 8:30 PM
Location: Marlboro Fish & Game
Program fee: $8.00
Pickup begins: 5:00 PM
Transportation: *See below

Marlboro Eagles
Day: Tues 12/17, 1/21, 2/18
Time: 6:00 to 9:00 PM
Location: 56 Florence St., Marlboro
Pickup begins: 4:45 PM
Program fee: $5.00
Transportation: *See below

Social Nights
Day: Thursdays
Time: 6:30 to 8:30 PM
Location: Activities vary weekly
Pickup begins: 5:00 PM
Program fee: $5.00
Transportation: *See below

Bowling
Day: Sat. (Check calendar)
Time: 4:30 to 6:00 PM
Location: Sawyers Bowladrome
Pickup begins: 2:30 PM
Program fee: $7.00
Transportation: *See below

Movies
Day: Sunday (Check calendar)
Time: 1:00 PM
Location: W. Boylston Cinema
Pickup begins: 10:30 AM
Program fee: Pay at door
Transportation: *See below

Sports Experiences

Thrive Adult Basketball
Day: Mondays
Time: 7:00 to 9:00 PM
Location: Whitcomb School
Pickup begins: 5:45 PM
Program fee: N/A

Thrive Youth Basketball
Day: Mondays
Time: 6:00 to 7:00 PM
Location: Whitcomb School
Program fee: N/A

Thrive Ski Team
Day: Mondays, Starting 1/13
Time: 6:30 to 8:00 PM
Location: Ski Ward
Program fee: N/A

Special Olympics Basketball Qualifiers
Day: Sunday, Jan. 26 or Feb. 2
Time: All Day
Location: Weston, MA
Pickup Begins: 7:00 AM
Program fee: N/A

Special Olympics–Youth Basketball Season Ending Tournament
Day: Sunday, March 1
Time: All Day
Location: Southborough, MA
Program fee: N/A

Special Olympics–Winter Games
Day: Sat.–Sun., March 7 & 8
Time: All Day
Location: Various Locations
Program fee: N/A

* Transportation costs are $15 for all Thrive participants.
Weather Cancellation
The Social and Recreation Director makes final decisions in canceling events due to inclement weather. The director will call or email you if the activity is canceled. The driver’s input weighs heavily.

Participant Cancellation
Any participant who has registered for a Thrive Social and Recreation event must cancel 48 hours in advance of the event without penalty.

Please Note – If monies are expended to secure a ticket/seat/admission etc. to an event, the client is responsible for the cost of their ticket/seat/admission etc. Every effort will be made to secure the participant a refund, but a refund cannot be guaranteed.

Transportation Cancellation
Any participant who has registered for Thrive Transportation may cancel transportation 48 hours in advance of the event without penalty.

Transportation for an event that happens weekly such as bowling may be cancelled 24 hours in advance of these events without penalty.

All participants are expected to adhere to the following:
Respect each other.
Respect the driver, staff and community members.
Appropriate behavior is expected at all times.
No eating or drinking while riding in Thrive vehicles.
Seatbelts are to be worn at all times in vehicles.
Treat others how you would want to be treated.

Failure to adhere to the above, will result in the following:

1st offense
One week suspension from all Thrive activities

2nd offense
Two week suspension from all Thrive activities

3rd offense
Indefinite suspension from all Thrive activities

I have read the policy and will adhere to the above expectations:

Name: ____________________________________________
Date: ____________________________________________

Please fill out and return to Jim Karami at Thrive.
Youth & Young Adult Experiences (Ages 7-12 and 13-30)
Age recommendations are flexible depending on program and individual.

Social Experiences

TASC (Thrive After School Community)
Ages 7–12 & 13–25
Day: Tues.–Thurs. Sept.–Mid June
Time: 2:00 to 5:00 PM
Location: Algonquin Regional H.S.
Program fee: $30.00 per day
Extra Activities Included: Art therapy, Knucklebones athletic class, cooking, boot camp/Zumba and more.

Mystery Mondays
Ages 10–25
Day: Mondays
Time: 2:00 to 5:00 PM
Location: Thrive Youth Center
Program fee: $30.00 per meeting

Social Cooking Ages 18+
Day: Wed. 12/4, 12/18, 1/29, 2/12, 2/26, 3/11
Time: 4:30 to 6:30 PM
Location: Thrive Headquarters
Program fee: $25.00 per meeting

NEW LGBTQI Support Group
Ages Teens and Young Adults
Day: Alternating Thurs starting 11/7
Time: 5:00–6:00 PM
Location: Thrive Headquarters
Program fee: $15 per meeting

Ladies Group 16+
Day: Thursday
Time: 5:00 to 6:30 PM
Location: Thrive Youth Center
Program fee: $15.00 per meeting

Fun Fridays
Ages 7–12 & 13–25
Day: Fridays
Time: 2:00 to 5:00 PM
Location: Thrive Youth Center
Program fee: $30.00 per meeting

ASD Men’s Group
Ages 18–30
Day: Alternating Fri. Starting 11/1
Time: 5:00 to 7:00 PM
Location: Thrive Youth Center
Program fee: $15.00 per meeting

Special Events

School Vacation Camp—7–12 & 13–25
Date: 12/23–Cookie Decorating, 12/27–TBD, 12/30–TBD, 2/17–TBD, 2/18–TBD, 2/19–Bubblemania
Time: Times vary (see website)
Location: Thrive Youth Center & other locations.
Program fee: $30.00 per day plus activity cost (see website calendar)

Claytime
Day: Mon. Nov. 18
Time: 2:00 to 5:00 PM
Location: Thrive Youth Center
Program fee: $30.00

Cookie Decorating
Day: Mon. Nov. 25
Time: 2:00 to 5:00 PM
Location: Thrive Youth Center
Program fee: $30.00

Learning Experiences

LEAD/ Marlborough—Ages 16–25
Day: Mondays
Time: 4:00 to 5:00 PM
Location: Thrive Conference Room
Program fee: Free

LEAD/Waltham—Ages 16–25
Time: 3:00 to 4:00 PM
Location: Jewish Family & Children’s Services, 1430 Main St. Waltham.
Program fee: Free

Sports Experiences

Adaptive Martial Arts
Ages 7–25
Day: Tuesdays
Time: 3:00 to 4:00 PM
Location: Algonquin Regional H.S.
Program fee: $20.00 per class

Thrive Boot Camp
Day: Tuesdays Dates TBD
Time: 7:00–7:45 PM
Location: Everybody Balance
Program fee: $15.00 per class

NEW Fitness Fridays
Ages 18–30
Day: Fridays
Time: 10:00 AM to 1:00 PM
Location: YMCA Westborough
Program fee: $15.00 per class

Note: Participants must be independent in a gym setting—staffing ratio is 1:6.

There is a short intake process for all Youth & Young Adult Experiences so registration must be done directly with Youth Services Coordinator Tia Houde. Contact her at thoude@icanthrive.org or 508-485-4227 x1114. For more information on these experiences visit www.icanthrive.org.
Community Workshop Series
All Workshops are at Thrive Support & Advocacy, 65 Boston Post Road West, Suite 220, Marlboro, MA

Coffee & Conversation
This drop-in program connects parents and caregivers to share resources, ideas, and brainstorm solutions.
**Day:** Second Wed. each month  **Time:** 9:30–10:30 AM

Thriving for Knowledge
A monthly gathering for parents and caregivers to discuss services that may be available to your loved one and your family.
**Day:** Third Wed. each month  **Time:** 9:30–10:30 AM

Identity Theft and Fraud Prevention
This free and informative presentation will demonstrate how to prevent identity theft and what to do if you or your loved one is compromised.
**Day:** January 15  **Time:** 5:30–6:30 PM

Planning a Life: Considerations for Your Child’s Future
Learn about planning financially for your child’s future. Presented by a financial advisor and estate attorney, experts in the field.
**Day:** March 26  **Time:** 6:00–7:30 PM

Dual Workshop
- **Adult Family Care:** Learn about planning financially for your child’s future. Presented by a financial advisor and estate attorney, experts in the field.
  **Day:** March 28  **Time:** 11:00–12:00 PM
- **Sexual Assault Support:** Sexual Assault Response Unit will come and provide free confidential information and support to victims and families.
  **Day:** March 28  **Time:** 12:15–1:15 PM

Thrive Employment Opportunity

Employment Open House
Join us for one of our November Employment Open Houses with on the spot interviews held at our office: 65 Boston Post Road, Marlborough. We are looking for Adult Companion and Direct Care staff positions. Be part of a team that focuses on abilities with a can-do attitude and proactive approach. We are an equal opportunity employer committed to a diverse workforce. Thrive offers a comprehensive benefits package including three weeks vacation, eleven paid holidays, medical, dental, disability and life insurance, and an employer matching retirement plan.
**Day:** Thursday, November 14  **Time:** 10:00 AM–1:00 PM
**Day:** Tuesday, November 19  **Time:** 2:00 PM–5:00 PM

To register for Workshops go to page 7 or email jcostello@icanthrive.org.
To register complete this form and return to: Thrive Support & Advocacy, 65 Boston Post Road West, Suite 220, Marlborough, MA 01752

Participant Name ____________________________ Phone ____________________________

Today’s Date ____________________________ DOB ____________________________

Address ____________________________ City ____________________________ State ______ Zip ________

Contact Person ____________________________ Relationship ____________________________ Email ____________________________

Address ____________________________ City ____________________________ State ______ Zip ________

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<td>Dual Workshop: Adult Family Care &amp; Sexual Assault</td>
<td>March 28</td>
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I, ______________________________________________________________________understand that by signing below, I approve the activities selected by, or for the above individual. I understand that I am financially responsible for all activities / programs selected.

Individual ____________________________ Rep Payee ____________________________
Show your support for Thrivers like these!
Consider a year-end gift. Go to www.icanthrive.org to donate.

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THRiVE
SUPPORT & ADVOCACY

65 Boston Post Road West, Suite 220, Marlborough, MA 01752,
P (508) 485-4227, icanthrive.org