

VOLUME NO. 4
2019/2020

December, January,
February 2020

OUR GOAL

Thrive empowers individuals to focus on ability and find opportunities to shine.

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Social and Recreation Newsletter

*Jim Karami, Director of Transportation,
Social & Recreation*

Hello Thrivers, Families, and Friends,

The holidays are fast approaching, as is the winter season at Thrive. Winter sports are starting soon, and we have some fun indoor activities to check out over the next few months. Check out the calendar inside for more details. Remember, with snowy weather at our doorstep, be sure to check your email if the weather looks questionable and there is an event coming up.

Carrying on with the holiday spirit, Thrive is doing something a little different this year to get into the spirit. We are sponsoring a Holiday Gift Drive for the children of our front-line staff. If you are interested in donating, gift tags are available at the reception desk at our headquarters. If you can't stop by the office, email pcarlson@icanthrive.org or call Patty Carlson at 508-485-4227 x1000 to receive gift information. The last day for gift drop off is Monday, Dec. 9, 2019.

While on the subject of shopping, if you're shopping on Amazon this season (or any time during the year), don't forget to shop through AmazonSmile and choose Thrive Support & Advocacy as your supporting charity. A portion of your purchases will be donated back to Thrive. Go to amazon.smile.com/thrive to get started.

Lastly, with the year coming to an end, we would like to thank our participants, families, volunteers, and staff who go above and beyond every day. 2019 has been a banner year at Thrive with lots of exciting moments. We are looking forward to 2020 and all that lies ahead.

Best,
Jim



Thrive's ASD Men's Group enjoying their time together.

Check out the newsletter online at www.icanthrive.org/social&rec

Social and Recreational Activities

Special Events



Holiday Party

Day: Thursday, Dec. 12

Time: 7:00–9:30 PM

Location: Holiday Inn, Marlboro

Pickup begins: 5:00 PM

Program fee: \$25.00.

Transportation: *See below.



Worcester Railers Hockey

Day: Sundays, Dec. 15,

Jan. 5, Feb 9

Time: 3:00 PM

Location: DCU Center Worcester

Pickup begins: 12:00 PM

Program fee: \$18.00

Transportation: *See below.



2020 Worcester Auto Show

Day: Sat, Jan. 25

Time: 10:00 AM–1:00 PM

Location: DCU Center

Pickup begins: 8:30 AM

Program fee: \$12.00

Transportation: *See below.



Social Experiences



Thrive Advocacy Group

Day: Second Tues. each month

Time: 4:30 to 6:00 PM

Location: Thrive Headquarters

Transportation: N/A



Club Thrive

Day: Wednesdays

Time: 6:30 to 8:30 PM

Location: Marlboro Fish & Game

Program fee: \$8.00

Pickup begins: 5:00 PM

Transportation: *See below



Marlboro Eagles

Day: Tues 12/17, 1/21, 2/18

Time: 6:00 to 9:00 PM

Location: 56 Florence St., Marlboro

Pickup begins: 4:45 PM

Program fee: \$5:00

Transportation: * See below



Social Nights

Day: Thursdays

Time: 6:30 to 8:30 PM

Location: Activities vary weekly

Pickup begins: 5:00 PM

Program fee: \$5.00

Transportation: *See below.



Bowling

Day: Sat. (Check calendar)

Time: 4:30 to 6:00 PM

Location: Sawyers Bowladrome

Pickup begins: 2:30 PM

Program fee: \$7.00

Transportation: *See below.



Movies

Day: Sunday (Check calendar)

Time: 1:00 PM

Location: W. Boylston Cinema

Pickup begins: 10:30 AM

Program fee: Pay at door

Transportation: *See below.

Sports Experiences



Thrive Adult Basketball

Day: Mondays

Time: 7:00 to 9:00 PM

Location: Whitcomb School

Pickup begins: 5:45 PM

Program fee: N/A



Thrive Youth Basketball

Day: Mondays

Time: 6:00 to 7:00 PM

Location: Whitcomb School

Program fee: N/A



Thrive Ski Team

Day: Mondays, Starting 1/13

Time: 6:30 to 8:00 PM

Location: Ski Ward

Program fee: N/A



Special Olympics Basketball Qualifiers

Day: Sunday, Jan. 26 or Feb. 2

Time: All Day

Location: Weston, MA

Pickup Begins: 7:00 AM

Program fee: N/A



Special Olympics–Youth Basketball Season Ending Tournament

Day: Sunday, March 1

Time: All Day

Location: Southborough, MA

Program fee: N/A



Special Olympics–Winter Games

Day: Sat.–Sun., March 7 & 8












Time: All Day

Location: Various Locations
























Program fee: N/A

*** Transportation costs are \$15 for all Thrive participants.**





















December 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 	3	4 	5 	6	7 
8 	9 	10 	11 	12 	13	14 
15 	16 	17 	18 	19 	20	21
22	23	24	25 	26	27	28 
29	30	31				

January 2020

			1 	2 	3	4 
5 	6 	7	8 	9 	10	11
12	13  	14 	15 	16 	17	18 
19	20 	21 	22 	23 	24	25 
26 	27  	28	29 	30 	31	

February 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 
2  	3  	4	5 	6 	7	8 
9 	10  	11 	12 	13 	14	15 
16	17 	18 	19 	20 	21	22 
23	24  	25	26 	27 	28	29

Social & Recreation Cancellation Policy

Weather Cancellation

The Social and Recreation Director makes final decisions in canceling events due to inclement weather. The director will call or email you if the activity is canceled. The driver's input weighs heavily.

Participant Cancellation

Any participant who has registered for a Thrive Social and Recreation event must cancel 48 hours in advance of the event without penalty.

Please Note – If monies are expended to secure a ticket/seat/admission etc. to an event, the client is responsible for the cost of their ticket/seat/admission etc. Every effort will be made to secure the participant a refund, but a refund cannot be guaranteed.

Transportation Cancellation

Any participant who has registered for Thrive Transportation may cancel transportation 48 hours in advance of the event without penalty.

Transportation for an event that happens weekly such as bowling may be cancelled 24 hours in advance of these events without penalty.

Participation/Participant Policy

All participants are expected to adhere to the following:

- Respect each other.
- Respect the driver, staff and community members.
- Appropriate behavior is expected at all times.
- No eating or drinking while riding in Thrive vehicles.
- Seatbelts are to be worn at all times in vehicles.
- Treat others how you would want to be treated.

Failure to adhere to the above, will result in the following:

1st offense

One week suspension from all Thrive activities

2nd offense

Two week suspension from all Thrive activities

3rd offense

Indefinite suspension from all Thrive activities

I have read the policy and will adhere to the above expectations:

Name: _____

Date: _____

Please fill out and return to Jim Karami at Thrive.

Youth & Young Adult Experiences (Ages 7-12 and 13-30)

Age recommendations are flexible depending on program and individual.

There is a short intake process for all Youth & Young Adult Experiences so registration must be done directly with Youth Services Coordinator Tia Houde. Contact her at thoude@icanthrive.org or 508-485-4227 x1114. For more information on these experiences visit www.icanthrive.org.

Social Experiences



TASC (Thrive After School Community)

Ages 7-12 & 13-25

Day: Tues.-Thurs. Sept.-Mid June

Time: 2:00 to 5:00 PM

Location: Algonquin Regional H.S.

Program fee: \$30.00 per day

Extra Activities Included: Art therapy, Knucklebones athletic class, cooking, boot camp/Zumba and more.



Mystery Mondays

Ages 10-25

Day: Mondays

Time: 2:00 to 5:00 PM

Location: Thrive Youth Center

Program fee: \$30.00 per meeting



Social Cooking Ages 18+

Day: Wed. 12/4, 12/18,

1/29, 2/12, 2/26, 3/11

Time: 4:30 to 6:30 PM

Location: Thrive Headquarters

Program fee: \$25.00 per meeting



NEW LGBTQI Support Group

Ages Teens and Young Adults

Day: Alternating Thurs starting 11/7

Time: 5:00-6:00 PM

Location: Thrive Headquarters

Program fee: \$15 per meeting



Ladies Group 16+

Day: Thursday

Time: 5:00 to 6:30 PM

Location: Thrive Youth Center

Program fee: \$15.00 per meeting



Fun Fridays

Ages 7-12 & 13-25

Day: Fridays

Time: 2:00 to 5:00 PM

Location: Thrive Youth Center

Program fee: \$30.00 per meeting



ASD Men's Group

Ages 18-30

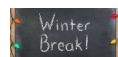
Day: Alternating Fri. Starting 11/1

Time: 5:00 to 7:00 PM

Location: Thrive Youth Center

Program fee: \$15.00 per meeting

Special Events



School Vacation

Camp—7-12 & 13-25

Date: 12/23—Cookie Decorating, 12/27—TBD, 12/30—TBD, 2/17—TBD, 2/18—TBD, 2/19—Bubblemania

Time: Times vary (see website)

Location: Thrive Youth Center & other locations.

Program fee: \$30.00 per day plus activity cost (see website calendar)



Claytime

Day: Mon. Nov. 18

Time: 2:00 to 5:00 PM

Location: Thrive Youth Center

Program fee: \$30.00



Cookie Decorating

Day: Mon. Nov. 25

Time: 2:00 to 5:00 PM

Location: Thrive Youth Center

Program fee: \$30.00

Sports Experiences



Adaptive Martial Arts

Ages 7-25

Day: Tuesdays

Time: 3:00 to 4:00 PM

Location: Algonquin Regional H.S.

Program fee: \$20.00 per class



Thrive Boot Camp

Day: Tuesdays Dates TBD

Time: 7:00-7:45 PM

Location: Everybody Balance

Program fee: \$15.00 per class



Knucklebones—Ages 7-25

Day: First Wed. each month

Time: 3:00 to 4:00 PM

Location: Algonquin Regional H.S.

Program fee: \$20.00 per class



NEW Fitness Fridays

Ages 18-30

Day: Fridays

Time: 10:00 AM to 1:00 PM

Location: YMCA Westborough

Program fee: \$15.00 per class

Note: Participants must be independent in a gym setting—staffing ratio is 1:6.

Learning Experiences

LEAD/Marlborough—Ages 16-25

Day: Mondays

Time: 4:00 to 5:00 PM

Location: Thrive Conference Room

Program fee: Free

LEAD/Waltham—Ages 16-25

Day: Wednesdays – Starting Jan.

Time: 3:00 to 4:00 PM

Location: Jewish Family & Children's Services, 1430 Main St. Waltham.

Program fee: Free

Community Workshop Series

All Workshops are at Thrive Support & Advocacy, 65 Boston Post Road West, Suite 220, Marlboro, MA



Coffee & Conversation

This drop-in program connects parents and caregivers to share resources, ideas, and brainstorm solutions.

Day: Second Wed. each month

Time: 9:30–10:30 AM

Thriving for Knowledge

A monthly gathering for parents and caregivers to discuss services that may be available to your loved one and your family.

Day: Third Wed. each month

Time: 9:30–10:30 AM

Identity Theft and Fraud Prevention

This free and informative presentation will demonstrate how to prevent identity theft and what to do if you or your loved one is compromised.

Day: January 15

Time: 5:30–6:30 PM

Planning a Life: Considerations for Your Child's Future

Learn about planning financially for your child's future. Presented by a financial advisor and estate attorney, experts in the field.

Day: March 26

Time: 6:00–7:30 PM

Dual Workshop

Adult Family Care: Learn about planning financially for your child's future. Presented by a financial advisor and estate attorney, experts in the field.

Day: March 28

Time: 11:00–12:00 PM

Sexual Assault Support: Sexual Assault Response Unit will come and provide free confidential information and support to victims and families.

Day: March 28

Time: 12:15–1:15 PM



Thrive Employment Opportunity

Employment Open House

Join us for one of our November Employment Open Houses with on the spot interviews held at our office: 65 Boston Post Road, Marlborough. We are looking for Adult Companion and Direct Care staff positions. Be part of a team that focuses on abilities with a can-do attitude and proactive approach. We are an equal opportunity employer committed to a diverse workforce. Thrive offers a comprehensive benefits package including three weeks vacation, eleven paid holidays, medical, dental, disability and life insurance, and an employer matching retirement plan.

Day: Thursday, November 14

Time: 10:00 AM–1:00 PM

Day: Tuesday, November 19

Time: 2:00 PM–5:00 PM



To register for Workshops go to page 7
or email jcostello@icanthrive.org.



Registration Form December 2019, January, February 2020

To register complete this form and return to: Thrive Support & Advocacy, 65 Boston Post Road West, Suite 220, Marlborough, MA 01752

Participant Name _____ Phone _____

Today's Date _____ DOB _____

Address _____ City _____ State _____ Zip _____

Contact Person _____ Relationship _____ Email _____

Address _____ City _____ State _____ Zip _____

Adult Experiences	Cost	Attending (circle one)	Transportation (circle one)	Comment
Holiday Party	\$25.00	Yes/No	Yes/No	
Worcester Railers Dec. 15	\$18.00	Yes / No	Yes / No	
Worcester Railers Jan. 5	\$18.00	Yes/No	Yes/No	
Worcester Railers Feb. 9	\$18.00	Yes/No	Yes/No	
Worcester Auto Show	\$12	Yes/No	Yes/No	
Thrive Self-Advocacy	Free	Yes / No	Not applicable	
Club Thrive	\$8.00	Yes / No	Yes/No	
Marlboro Eagles	\$5.00	Yes/No	Yes/No	
Social Nights	Pay at event	Yes/No	Yes/No	
Thrive Adult/Youth Basketball	Free	Yes / No	Yes / No	
Thrive Ski Team	Free	Yes/No	Not Applicable	
Bowling	\$7/week	Yes/No	Yes/No	
Movies	Pay at event	Yes/No	Yes/No	
AMOUNT TO BE BILLED	\$			

Community Workshops	I Want to Attend (circle)	Comment
Coffee & Conversation	Second Wed. Each Month	
Thriving for Knowledge	Third Wednesday Each Month	
Identity Theft and Fraud Prevention	January 15	
Planning a Life: Considerations for Your Child's Future	March 26	
Dual Workshop: Adult Family Care & Sexual Assault	March 28	

I, _____ understand that by signing below, I approve the activities selected by, or for the above individual. I understand that I am financially responsible for all activities / programs selected.

Individual _____ Rep Payee _____

Show your support for Thrivers like these!

Consider a year-end gift. Go to www.icanthrive.org to donate.



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